



PURE Perk FAQ

Q: What is PURE Perk?

A: PURE Perk is a delicious dark roast coffee that provides mental focus in just minutes and helps suppress appetite while sharpening your focus and boosting energy for hours.*

Q: What is the difference between PURE Perk and PURE Café?

A: The difference between the two is in the ingredients. PURE Café is a mocha-flavored coffee drink that contains garcinia cambogia, an ingredient that suppresses appetite so you can limit the amount of calories you are eating throughout the day. PURE Perk contains PEA (phenethylamine HCL) that supports the production of feel-good neurotransmitters and acts as a stimulant.* It also contains synephrine that helps suppress appetite and boost metabolism. PURE Perk has a dark roast flavor and is made with Brazilian and Colombian coffee beans. PURE Café contains 155mg of natural caffeine; PURE Perk contains 100mg of natural caffeine.

Q: What is the difference between PURE Perk and ENERGY?

A: PURE Perk is a coffee that provides mental focus quickly and boosts energy for up to 5 hours. It also helps to suppress appetite. ENERGY is an energy drink that stimulates alertness, eases fatigue and fuels your focus slowly.*

Q: How soon will I notice the benefits of PURE Perk?

A: The average person will feel the benefits within 3-5 minutes of drinking the first cup of PURE Perk.

Q: What is the best way to prepare PURE Perk?

A: Mix 1 level scoop with 6-8 fl. oz. of water. Enjoy hot or cold.

Q: Does PURE Perk contain gluten?

A: No. PURE Perk is gluten free.

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Q: How much caffeine is in one cup of PURE Perk?

A: There are 100mg of caffeine in each serving. Do not exceed 2 servings per day. Use caution when using this product and other products containing caffeine. Limit caffeine consumption to no more than 400mg daily. Too much caffeine may cause nervousness, irritability, sleeplessness and an occasional rapid heartbeat.

Q: Is PURE Perk safe for children to consume?

A: PURE Perk is not recommended for children under the age of 18 years.

Q: Can I take PURE Perk with other HealthTrim® products?

A: Yes, you can consume PURE Perk with HealthTrim products. We recommend not exceeding 2 servings per day of ENERGY, Metabolic ONE, GPS Energize, PURE Perk or PURE Café in any combination, to prevent potential undesirable effects of too much caffeine. Use caution when using this product and other products containing caffeine. Limit caffeine consumption to no more than 400mg daily. Too much caffeine may cause nervousness, irritability, sleeplessness and an occasional rapid heartbeat.

Q: What is the shelf life of PURE Perk?

A: PURE Perk has an 18-month shelf life. It comes in a plastic tub that ensures freshness until opened. After you break the seal, make sure your coffee stays as fresh as possible by keeping it in the container away from light and heat.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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